

THE COMPLETE TRIPPED PACKING SYSTEM

A GUIDE TO PACKING
FOR ANY TRIP.



Before you begin,

1. Remove habits and start fresh. Approach packing for this trip as if it was your first time travelling.

2. Keep an abundance mindset

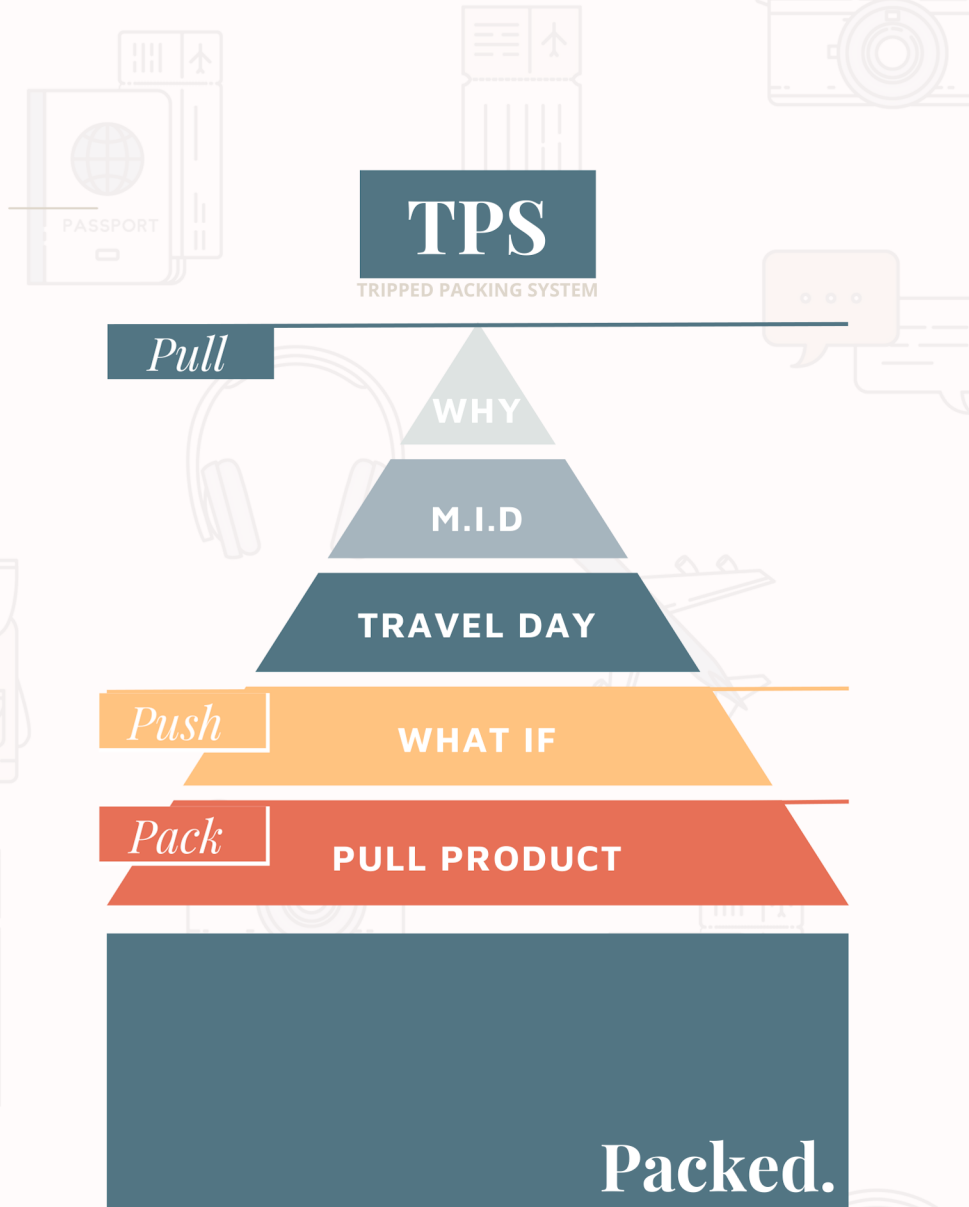
Using the TPS, you **will** be able to take everything you want on the trip.

3. Suitcase comes last.

Stop choosing a bag and filling it up.
Choose items first, decide on luggage later.

4. Have fun.

You're going on a trip! Business or leisure, get excited about where you're packing for.



Tripped Packing System

Master the art of packing in 3 steps.

1

Pull.



Get excited!

Pull everything you need for your favorite day, your most important day and your travel day.

2

Push.



Push past panic.

Keep an abundant mindset. You will be able to take everything you want and need.

Pull "what-ifs".

Pack.

3



Choose **packing system**, categorize, and check.

Now you're **Packed!**

Pull, Push, Pack

THE PACKING PROCESS
START TO FINISH



Packing shouldn't be an after-thought

- PULL 1:** Think of your dream day and pull *everything**
- PULL 2:** Pull everything you'll need for your *most important day*
- PULL 3:** Pull everything you'll need for your *travel day***
- PUSH:** Push past panic and pull your "*what ifs****"
- PACK 1:** Lay items on bed and visually make outfit combinations
- PACK 2:** Pull packing product: packing cubes, suitcase, personal item
- PACK 3:** Pack clothing into cubes by *categories*****

TIPS: *Stay unzipped for last minute adds, weigh bag, live out of toiletry bag for a day to ensure nothing is forgotten*

<i>everything*</i>	<i>Accessories included! Concert tickets, purse, jewelry, sunscreen, etc.</i>
<i>travel day**</i>	<i>Flight confirmation, airline app downloaded, headphones, neck pillow, phone charger, headphones, outfit, extra layer, socks</i>
<i>what ifs***</i>	<i>What if it rains, what if I'm cold, what if I change my mind</i>
<i>packing categories****</i>	<i>Choose Day-by-Day method (one packing cube per day, or Packing Category method, keeping similar articles of clothing together: ie. dinner clothes, activewear, beach day, etc.</i>